

# HERITAGE HIGH SCHOOL DAILY ANNOUNCEMENTS

May 07, 2025



LUNCH MENU: **Rice Bowl**

## ON THIS DAY IN HISTORY –1914 US Congress establishes Mother's Day

- NEW: Improv Show**  
 Don't miss the final improv show of the year this Thursday May 8th at 7pm! **\$5 on the HHS Rising Stars** website [www.Hardingstars.net](http://www.Hardingstars.net)  
 (May 8)
- Come see your friends and classmates share their musical and written talent in the **FIRST EVER Songwriters Showcase on May 9th from 7-9pm!** This showcase is a live concert featuring original student songs only. The music ranges from indie & soft rock to metal & RnB! You won't want to miss it!  
 Tickets are on sale now at [seatyourself.biz/webstore/accounts/hhspac](http://seatyourself.biz/webstore/accounts/hhspac)  
**for \$8 online. They will go for \$10 at the door, so order early! Doors open at 6:30pm.**  
 Please see the flyer below for performers and more info!



- **BACCALAUREATE MAY 30<sup>TH</sup> @ 6pm**



- **Transcript requests**

**Here are online resources to find out how to register and order transcripts through parchment.**

<https://ca01001129.schoolwires.net/cms/lib/CA01001129/Centricity/Domain/443/How%20to%20Order%20Transcript.pdf>

## CLUBS/ACTIVITIES:

- **NEW: NHS: The final NHS meeting will be Tuesday, May 13 in the theater.** This is the final full club meeting of the school year. **Attendance is mandatory**, if you have AP testing on the 13<sup>th</sup> or you know you will not make it to the meeting, please email [NHSforHeritage@gmail.com](mailto:NHSforHeritage@gmail.com) and let us know about your absence. Seniors your hours are also due by 11:59 on Tuesday May 13th. Please check the NHS website for the link to submit your hours and essay. Juniors and Sophomores you have the summer to complete your hours and they will be due when we return in August. (5/13)

## COLLEGE & CAREER

- **NEED A JOB? – FIND A JOB HERE!**


**Sparrow** connects students with families and small businesses specifically looking for students to help with tutoring, pet sitting, sports coaching, moving assistance, waitering, and more. Our platform offers a supportive environment where students can build connections, gain valuable experience, and earn a flexible income. **You can find more on [findsparrow.com](https://findsparrow.com).**

- **CONTRA COSTA COUNTY – SHERIFF WOMEN’S JUNIOR ACADEMY – JOIN TODAY! (till end of school)**

Contra Costa County Office of the Sheriff



# JUNIOR

## Women's Academy



Girls aged 14-18, Contra Costa County Office of the Sheriff invites you to participate in a 3 day camp that will ignite your passion for law enforcement careers. Prepare for a thrilling adventure as you engage in activities like S.W.A.T., Crime Scene Investigation, Patrol, Dispatch, K-9, and more. Join us for an unforgettable experience!

When: June 24th, 25th, and 26th  
Time: 9:00am - 3:00pm  
Location: Law Enforcement Training Center Range  
12000 Marsh Creek Road Clayton, CA

Transportation will be provided if needed. Pickup/dropoff points throughout the county. Free event. Lunch and snacks will be provided.

- **UC DAVIS – CESAR CHAVEZ YOUTH LEADERSHIP CONFERENCE AND CELEBRATION – MAY 10, 2025**

**César CHAVEZ**

**UC DAVIS**

## YOUTH LEADERSHIP

CONFERENCE *and* CELEBRATION

**Saturday • May 10, 2025**  
8am – 3pm  
University Credit  
Union Center




diversity.ucdavis.edu/ccylc

- College admissions, financial aid, scholarships, health and STEM workshops, college resource fair, UC Davis campus tours and more
- Free college and career motivational event for high school, community college, and middle school students and their parents
- Live cultural entertainment, music and performances
- Free admission and parking

**#CCYLC2025**



- [Lois M. Tinson Scholarship](#)



**2025 LOIS M. TINSON SCHOLARSHIP**

**CTA**

**AFRICAN-AMERICAN CAUCUS**

The purpose of the CTA-AAC's **Lois M. Tinson Scholarship** is to assist qualified applicants of African descent who are working towards an undergraduate degree leading to a career in Public Education. Up to four one thousand five hundred dollars (\$1,500) scholarships will be awarded.

The application must be received by the AAC Tinson Scholarship Committee by **May 18, 2025**. Submit application via Google Forms to:

<https://bit.ly/25AACscholarship>

[2CTA.AAC@GMAIL.COM](mailto:2CTA.AAC@GMAIL.COM)



- [INTERESTED IN A CAREER IN HEALTHCARE?](#)

The Stanford Health Care Tri-Valley Clinical Academy, which is a 2-week immersive program tailored to high school students interested in healthcare careers. **This year, the program will take place from July 21 to August 1, 2025.** The program consists of interactive activities and lectures (for example: heart, lung, and brain dissections, CPR certification, bronchoscopy, ultrasound, and peripheral IV insertion) to expose students to clinical medicine while allowing them to network with Stanford faculty and staff. We hope that you will connect with us if you are interested in the Clinical Academy.

Please note that this program is designed for high school juniors and seniors. Participants must be 16 or older at the start of the program. While there is a tuition fee, we offer scholarship opportunities for select students. **Please refer to our website for scholarship eligibility.**

To learn more about the Clinical Academy: <https://med.stanford.edu/shvca.html>

To learn more about Stanford Health Care Tri-Valley: <https://stanfordhealthcare.org/tri-valley>

Contact for more info: [trivalleyclinicalacademy@stanford.edu](mailto:trivalleyclinicalacademy@stanford.edu)

Event will be held in Pleasanton, CA - Applications will open soon!

- ASIAN PACIFIC COMMUNITY FUND SCHOLARSHIP**

The [Asian Pacific Community Fund](#) (APCF) is excited to announce that our 2025 scholarship applications are now open! We are offering over \$400,000 in scholarship funding to high school seniors in their support of higher education.

## SENIORS:

## SPORTS:

### **BASKETBALL ACTIVITIES**

JEFF CARTER

JASON BONILLA

CHRIS MORALES

VARSITY BASKETBALL COACH

JV BASKETBALL COACH

FRESHMAN BASKETBALL COACH

PATRIOTHOOP@GMAIL.COM

MRUNIQUE08@YAHOO.COM

4CHRISMORALES@GMAIL.COM

925.719.2464

925.752.5603

925.788.0781

| Heritage Head Coach Directory |                    |  |
|-------------------------------|--------------------|--|
| Sport                         | Name               | Email  |
| Athletic Director             | Nate Smith         | <a href="mailto:smithn@luhsd.net">smithn@luhsd.net</a>                             |
| FALL SPORTS                   |                    |  |
| Football                      | Dave Fogelstrom    | <a href="mailto:fogelstr@luhsd.net">fogelstr@luhsd.net</a>                         |
| Flag Football                 | Jessica Banchieri  | <a href="mailto:banchierij@luhsd.net">banchierij@luhsd.net</a>                     |
| Girls Volleyball              | Janet Hannigan     | <a href="mailto:hannigan@luhsd.net">hannigan@luhsd.net</a>                         |
| Girls Golf                    | Mark Tinder        | <a href="mailto:tinderm@luhsd.net">tinderm@luhsd.net</a>                           |
| Girls Tennis                  | Beth Hill          | <a href="mailto:bethahill98@gmail.com">bethahill98@gmail.com</a>                   |
| Boys Water Polo               | Chris Duttera      | <a href="mailto:chrisduttera@gmail.com">chrisduttera@gmail.com</a>                 |
| Girls Water Polo              | Lindsey Heaney     | <a href="mailto:lheaney@brentwood.k12.ca.us">lheaney@brentwood.k12.ca.us</a>       |
| Cross Country                 | Mark Weiler        | <a href="mailto:mweiler_13@hotmail.com">mweiler_13@hotmail.com</a>                 |
| WINTER SPORTS                 |                    |  |
| Boys Basketball               | Jeff Carter        | <a href="mailto:patriothoop@gmail.com">patriothoop@gmail.com</a>                   |
| Girls Basketball              | Mark Hurtado       | <a href="mailto:markhurtado@antiochschools.net">markhurtado@antiochschools.net</a> |
| Boys Wrestling                | Eric Krimm         | <a href="mailto:erickrimm@yahoo.com">erickrimm@yahoo.com</a>                       |
| Girls Wrestling               | Shannon Yancey     | <a href="mailto:yanceys@luhsd.net">yanceys@luhsd.net</a>                           |
| Boys Soccer                   | Randy James        | <a href="mailto:jamesr@luhsd.net">jamesr@luhsd.net</a>                             |
| Girls Soccer                  | Sienna Zabroski    | <a href="mailto:szabroski4@gmail.com">szabroski4@gmail.com</a>                     |
| SPRING SPORTS                 |                    |  |
| Baseball                      | Kevin Brannan      | <a href="mailto:patriotbaseball@att.net">patriotbaseball@att.net</a>               |
| Softball                      | Ron Rivers         | <a href="mailto:riversrsoftball@yahoo.com">riversrsoftball@yahoo.com</a>           |
| Boys Golf                     | Dave Fogelstrom    | <a href="mailto:fogelstr@luhsd.net">fogelstr@luhsd.net</a>                         |
| Boys Volleyball               | Janet Hannigan     | <a href="mailto:hannigan@luhsd.net">hannigan@luhsd.net</a>                         |
| Boys Tennis                   | Beth Hill          | <a href="mailto:bethahill98@gmail.com">bethahill98@gmail.com</a>                   |
| Track & Field                 | Terrcel Floriolli  | <a href="mailto:tfloriolli@gmail.com">tfloriolli@gmail.com</a>                     |
| Swimming/Diving               | Theresa Romo       | <a href="mailto:theresamromo@gmail.com">theresamromo@gmail.com</a>                 |
| Stunt Cheer                   | Brittani Barmann   | <a href="mailto:brittanibarmann@yahoo.com">brittanibarmann@yahoo.com</a>           |
| MULTIPLE SEASONS              |                    |  |
| Unified Sports                | Melissa McCarthy   | <a href="mailto:mccarthym@luhsd.net">mccarthym@luhsd.net</a>                       |
| Dance                         | Jen Guerrero       | <a href="mailto:guerreroj@luhsd.net">guerreroj@luhsd.net</a>                       |
| Rally Squad                   | Valerie Raudebaugh | <a href="mailto:raudebau@luhsd.net">raudebau@luhsd.net</a>                         |
| eSports                       | TBD                |  |

Heritage High School does not discriminate on the basis of race, color, national origin, sex, or disability.

## ATHLETICS SCHEDULE

### Week of May 5, 2025

**Monday 5/5**

|  |                 |
|--|-----------------|
| Varsity Boys Golf – BVAL Tournament at Lone Tree, 8 am | All day release |
|--|-----------------|

**Tuesday 5/6**

|   |              |
|---|--------------|
| Varsity Baseball/Softball vs Antioch at HHS, 4 pm | 2:30 release |
|---|--------------|

|                              |              |
|------------------------------|--------------|
| JV Baseball at Emerald, 4 pm | 1:45 release |
|------------------------------|--------------|

|   |            |
|---|------------|
| Varsity Boys Volleyball – NCS Playoffs vs Campolindo at HHS, 7 pm | No release |
|---|------------|

**Wednesday 5/7**

|  |             |
|--|-------------|
| Track & Field – BVAL Championships at Deer Valley, 10 am | TBD release |
|--|-------------|

**Thursday 5/8**

|  |                 |
|--|-----------------|
| Diving – NCS Championships at Concord Community Pool, 9 am | All day release |
|--|-----------------|

|  |              |
|--|--------------|
| Varsity Baseball/Softball at Antioch, 4 pm | 2:10 release |
|--|--------------|

|                                     |              |
|-------------------------------------|--------------|
| JV Baseball vs Emerald at HHS, 4 pm | 2:30 release |
|-------------------------------------|--------------|

**Friday 5/9**

|  |                 |
|--|-----------------|
| Swimming – NCS Championships at Concord Community Pool, 8 am | All day release |
|--|-----------------|

|   |                 |
|---|-----------------|
| Boys Tennis – NCS Doubles Championships at Chabot College, 9 am | All day release |
|---|-----------------|

**Saturday 5/10**

|  |            |
|--|------------|
| Swimming – NCS Championships at Concord Community Pool, 8 am | No release |
|--|------------|

|  |            |
|--|------------|
| Track & Field – BVAL Championships at Deer Valley, 8:30 am | No release |
|--|------------|